



White Rock South Surrey Skating Club

Office Hours: Monday, Wednesday, Thursday 9:30 a.m. - 12:30 p.m.
info@wrsssc.com, 604-538-0109

CanSkate Program

Procedures and Arena Rules

1. **CSA hockey helmets are mandatory.** Skaters are not covered by Skate Canada insurance if the helmet is not a CSA hockey helmet and will therefore be asked to leave the ice.
2. **Proper skates** are very important for your child's development so buying the proper equipment and being sure that the blades are sharp is important.
3. **Recommended skate sharpening**
 - a. Bruce's Edge (15485 Poplar Dr, White Rock 604-541-7472) is suitable for CanSkate or CanPowerSkate sharpening.
 - b. For figure skating, the best option is Cyclone Taylor Figureskating (www.cyclonetaylorfigskate.com).
4. **Skaters must not open the rink gates.** If skaters open the rink gates while the Zamboni is on the ice the Zamboni will leave the ice and not return to finish the ice clean. This is for the skaters own safety.
5. Parents are asked not to stand in the player's box (ice entry area) once the skaters move onto the ice. It causes problems for other skaters trying to enter the area and for many younger skaters increases their separation anxiety levels.
6. Please do not leave the arena area during your child's session as program assistants and coaches cannot leave the ice if your child needs to use the washroom.
7. Children should be dressed warmly and always wear gloves or mittens. Try to avoid nylon ski pants and/or knee pads. When a child falls it is very difficult for them to get up when wearing slippery clothing.
8. **If you have any questions or concerns**
 - a. The best process to use if you want to speak with a coach is to email the office. We will either be able to answer your question or have a coach contact you. The CanSkate co-ordinator is Caroline Mackeen and she is on the ice during most CanSkate sessions. Please do not ask a coach or Program Assistant (the skaters in red vests) to leave their on ice coaching assignment to come over to the boards. Coaches have been instructed to stay with the children on the ice for instructional and safety reasons.
9. Always check the website for non-scheduled sessions and special events for Halloween (dress-up day), Christmas (Sugar Plum skate), and end of the season Ice Show (carnival) information.